

# MICROCHANNELING- MICRONEEDLING: Collagen Induction -- Pre & Post Care

## What Microneedling Can Treat

- ☐ Scars
- ☐ Stretch Marks
- ☐ Rosacea
- ☐ Hair Loss
- ☐ Pigmentation
- ☐ Skin Rejuvenation

## Contraindications

Irritated Skin	Infected Skin	Active Acne	Active Rosacea
Eczema/Psoriasis	Skin Cancer	Raised Moles/Warts	Open Wounds/Sores

**Bruising** could be a risk **IF** taking Aspirin, Ibuprophen, Vitamin E supplements, Omega 3 or Ginko Biloba

## Pre-Treatment

- ★ Discontinue use of retinoids 72 hours pre & post treatment
- ★ If prone to cold sores, be pre-treated by physician
- ★ No sun exposure
- ★ No make-up application for 12 hours
- ★ Discontinue Isotretinoin use 6 months prior
- ★ Fitzpatrick types IV-VI may use brighteners prior to treatment for optimal results
- ★ Neurotoxin treatment for 48 hours prior to needling
- ★ Two weeks for soft tissue fillers

## After Treatment Client Care

- 1-3 days after treatment you may experience redness, burning & skin sensitivity
- Edema - 24 hours
- No make-up use for 12 hours post treatment
- No exfoliation (scrubs, peels) 14 days post treatment
- Use SPF & NO direct sun exposure for 2 weeks
- Clean glasses & phones with alcohol pads & change pillow case
- 48 hours - no hot tubs, saunas, steam or excessive exercise
- No soft tissue fillers for 2 weeks
- No Tretinoin for 72 hours post treatment
- No specific outcome is guaranteed

